

EXERCISE SCIENCE

If you choose to major in exercise science, you can study in one of two tracks: 1. Study exercise science and get a good foundation for an advanced degree in any number of areas that include physical therapy, occupational therapy, exercise physiology, nursing, biomechanics or cardiac rehabilitation; or 2. Study fitness and recreation and, with a bachelor's degree, you can work in a fitness center, a YMCA or YWCA, a healthcare facility or in a park or recreational program.

academics *that* matter

At Manchester, every exercise science major does a January or summer internship. Our professors have the contacts—from medical doctors to chiropractic clinics, hospitals to fitness centers. In the marketplace or in graduate school, our students tell us these experiences give them the edge.

side *by* side

- Chris Hamlin '07 worked on campus as a research and lab assistant for Manchester's Dr. Mark Huntington. When IU's graduate program director called and asked about Chris, Professor Huntington gave him rave reviews.

- Mary Eberhardt '07 had a three-week internship working with a physical therapist at Memorial Hospital's Rehabilitation Center where she communicated with patients, nurses, families and other physical therapists.
- Dan Jones '09 combined fitness with physical education teaching, developed a weight loss plan for two clients, and helped them achieve their goals.

SUCCESS

- Majoring in both exercise science and athletic training, Laurie Gribshaw '07 was accepted into the physical therapy graduate program at the University of Indianapolis, where her assistantship as athletic trainer will pay for her schooling.
- Anna Merryman '04 studied exercise science at Manchester and then was accepted at Andrews University in Michigan, where she is studying for a doctorate in physical therapy.

I FOUND CONFIDENCE

longer something that "just happens." I am a part of it and my academic growth can be attributed to Manchester helping me feel better about who I am.

Adam VanZile '09, exercise science major

Find your place.

For more information or for a campus visit, call the Office of Admissions at 800-852-3648, e-mail admitinfo@manchester.edu, or visit our website at www.manchester.edu. Choose Manchester College and find your place.

Visit findyourplace.manchester.edu

